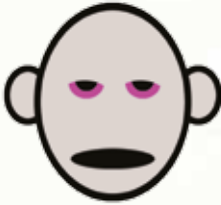


Dealing with a 'Mamba' overdose



Although effects can look disturbing in the vast majority of cases people smoking 'Mamba' will not require emergency treatment, however:

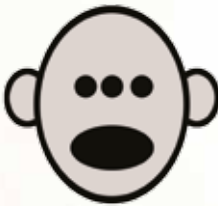
- **If in doubt**
Call an ambulance.



- **Overheating:** If they are flushed and skin feels very hot (+ 38.5°C) Rest and cool. Use damp cloth on skin and drink water. If not settling after about 5 minutes: **Call an ambulance.**



- **Breathing difficulties,** such as fast or shallow breathing, not settling within 5 minutes.
Call an ambulance.



- **Bad trips:** If someone is hallucinating, paranoid or anxious, take them somewhere quiet where they feel safe.

Calm and reassure them.



- **If they have chest pains:** sit them down in a calm environment and reassure them. **Call an ambulance.**

- **Unconsciousness:** It can be risky to startle or frighten people intoxicated on 'Mamba' as this can lead to heart failure. If they can't be woken by gentle shaking and calling; make sure they are lying on their side so they don't choke on vomit and **Call an ambulance.**



Treatment advice or support is available from:
Derby Drug and Alcohol Service, St Andrews House, 201 London Road.
Tel: 0300 7900265. Mon & Fri 9-5; Tues 12-5; Wed & Thu 9 - 8; Sat 10-4



- **Seizures (fits):** Ensure the area is safe and there is nothing they could hurt themselves on. Don't hold people down as this is dangerous:

Call an ambulance.



- **Other concerns:** e.g. severe vomiting, frothing at mouth, severe headache, significant agitation or aggression, not settling within 15 minutes.

Call an ambulance.